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Service Above Self

One Profits Most Who Serves Best

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### Published Weekly

## 17 November — Speaker Program

#### **David Laris**



For people familiar with the F&B industry in Shanghai, David Laris hardly needs an introduction. Who hasn't dined at places such as "Laris at Three on the Bund", "Le Sheng", 'The Porterhouse", "The Fat Olive" or "The Purple Onion"... some of them ranking amongst the Top 10 Restaurants in Asia. Others might know Laris from TV shows...or even from the Netflix series Wahlburgers.

As a Chef, Restaurateur, Entrepreneur and Social Influencer, David has been an essential creator of the culinary industry in Shanghai. Born and raised in Bellbrook Australia with Greek origins, David entered the culinary industry at the age of 16. He drew inspirations and infused flavor from his global travels and created a broad spectrum of flavor profiles. Started in Sydney, his undying spark of passion and curiosity for international cultures eventually brought him to Asia, where he honed his skills in Macau SAR, Hong Kong SAR, and Vietnam. When the opportunity arose, he recognized the vast potential of the Chinese mainland market and then transferred the focus of his career there.

Fast forward to the present, he currently holds different roles of Chief Creative Officer at Cachet Hotels & Resorts, Managing Director at Acorn Digital and CEO& CoFounder of David Laris Creates. As he builds up his professional reputation, he also accumulates diversified personal labels to his public presence, including Celebrity Chef, Social Media Influencer, foodie, advocate of environment protection, charity and wellness, or tattoo artist. Each one represents a part of him and the journey he has been through.

Exclusively for RCS, David will walk us through an experience which had a tremendous impact on his life: his cancer diagnosis. Join us for a certainly memorable evening under the theme "Lessons in Mortality, Cancer and Hope"

#### Birthdays of the month: November

08 — Marc Hunziker &

19 — Thilo Ketterer

Naomy Pena

28 — Albert Khaoutiev

# **15 December — Christmas Party**



#### **Other Events**

17.11 — Speaker Program @KunLun 6:30 - 8:30 pm 24.11 — Election Night @KunLun 6:30 - 8:30 pm 11.12 — Shanghai Comedy 6:30 - 8:30 pm 15.12 — Christmas Party @Casa Malvone 6:30 - 8:30 pm

#### The Four-Way Test 四大考驗

Of the things we think, say, or do:

我们说的做的要符合:

- 1. Is it the truth? 是真的吗?
- 2. Is it fair to all concerned 是公平的吗?
- 3. Will it build goodwill and better friendships?

是善意并促进友谊吗?

4. Will it be beneficial to all concerned?

是对大家有利吗?

# **Officers & Directors**

Tracy Hua – President

**Rita Malvone** – Vice President

**David Smith** – Secretary

**Christoph Wenner** – Treasurer

**Thilo Köppe** – President Elect

**Terri Lau** – Immediate Past President

Alejandro Rocha Buriel

Alexander Hartmann

Andreas Winterfeldt

Ludovic Antérieur

Nathalie Köppe

## **Committees & Chairs**

Club Administration Chair: Thilo Köppe Membership Committee: Thilo Köppe **Fellowship Committee:** Rita Malvone **Rotary Information Chair:** Tiziana Richiardi **Service Projects Committee:** Alex Hartmann Youth Service Committee: Naomy Peña Rotary Foundation: Nils Lessmann **Gift of Life (GOL):** Terri Lau Sister Clubs: Motohiro Yamane Pagoda: Christian Kober

PR Committee: Natalie Köppe; Tracy Hua RCS Alumni Committee: Andrew Hill Circle of Centennial Rotary Club: Terri Lau

**S-A-A:** Alejandro Burial Rocha; David Smith

### ROTARY CLUB OF SHANGHAI

## **Highlights from Our Latest Dinner Meeting**

#### November 10th, 2020

#### Dinner Attendance:

Total Headcount	10
Guests	07
Visiting Rotarians	01
Members	11



For the last fellowship meeting Rita had again sourced an excellent location for us — the Kartel. The starters already somehow gave an indication of the quality of the whole meal — they were superb. Also about the drinks no complaints could be heard. The main course was delicious and sumptuous — the first time your correspondent actually saw Rotarians in mass pack 'doggy bags'. There was veal, chicken and fish. There were probably few Rotarians who went home hungry that night. Ok, that rarely happens anyway, but the 'wow' factor of the food was there.

The amazing presentation also contributed to the 'wow' factor. Prof. Dr. Evelyne Bischof introduced us to the concepts of personalized and precision medicine. The difference here is that precision med-



icine seeks to create treatments that are applicable to groups of individuals who meet certain characteristics. This is different from "personalized medicine," which implies individualized treatments available for every unique patient. Prof. Bischof then introduced us to the power of Al in analyzing data to truly find the precise treatment needed and what this mean in areas ranging from breast cancer to aging. We will be entering an area where doctors can for example precisely and from the beginning prescribe perfectly the right treatment, rather then having to try several similar treatments to find the perfect one.

After the meeting, President Tracy closed the meeting appropriately with a toast to anti-aging.







## **Rotary's World Polio Day**

# Rotary's 2020 World Polio Day Online Global Update

Rotary's 2020 World Polio Day Online Global Update program on 24 October hails this year's historic achievement in polio eradication: Africa being declared free of the wild poliovirus.

Paralympic medalist and TV presenter Ade Adepitan, who co-hosts this year's program, says that the eradication of polio in Africa was personal for him. "Since I was born in Nigeria, this achievement is close to my heart," says Adepitan, a polio survivor who contracted the disease as a child. "I've been waiting for this day since I was young."

He notes that, just a decade ago, three-quarters of all of the world's polio cases caused by the wild virus were contracted in Africa. Now, more than a billion Africans are safe from the disease. "But we're not done," Adepitan cautions. "We're in pursuit of an even greater triumph — a world without polio. And I can't wait."

Rotary Foundation Trustee Geeta Manek, who co-hosts the program with Adepitan, says that World Polio Day is an opportunity for Rotary members to be motivated to "continue this fight."

She adds, "Rotarians around the world are working tirelessly to support the global effort to end polio."



tary Foundation Trustee Geeta Manek, left, co-hosts the World Polio Day Global Online Update.

### The future of the fight against polio

Rotary's challenge now is to eradicate the wild poliovirus in the two countries where the disease has never been stopped: Afghanistan and Pakistan. Routine immunizations must also be strengthened in Africa to keep the virus from returning there.

To eradicate polio, multiple high-quality immunization campaigns must be carried out each year in polio-affected and high-risk countries. During the COVID-19 pandemic, it's necessary to maintain populations' immunity against polio while also protecting health workers from the coronavirus and making sure they don't transmit it

Rotary has contributed more than \$2.1 billion to polio eradication since it launched the PolioPlus program in 1985, and it's committed to raising \$50 million each year for polio eradication activities. Because of a 2-to-1 matching agreement with the Bill & Melinda Gates Foundation, that means that, each year, \$150 million goes toward fulfilling Rotary's promise to the children of the world: No child will ever again suffer the devastating effects of polio.



Rotarian Marie-Irene Richmond Aouha past PolioPlus chair of Cote d'Ivoire, presents at the event.